

2003 Health and Preventive Practices Status Report

from Missouri County-level Study



Newton County**

| | County Prevalence (%)* | Southwest Region Prevalence (%)* | State Prevalence (%)* |
|--|------------------------------|--|-----------------------------|
| G eneral | | | |
| Health Status (Fair or Poor) | 16.2 | 18.8 | 16.9 |
| No Health Coverage | 23.3 H | 17.4 H | 12.3 |
| B ehavioral Risk Factors | | | |
| Physical Inactivity | 26.4 | 24.3 | 23.0 |
| Current Smoker | 19.6 | 26.8 | 26.5 |
| Overweight (BMI 25-29.9) | 34.2 | 35.6 | 35.3 |
| Obese (BMI ≥ 30) | 25.1 | 23.4 | 23.4 |
| D isease and Conditions | | | |
| High Blood Pressure | 29.5 | 27.9 | 28.5 |
| High Cholesterol (35 years or older) | 36.5 | 37.2 | 37.3 |
| Asthma | 9.4 | 11.6 | 10.7 |
| Diabetes | 4.7 | 6.4 | 7.2 |
| Activity Limitation | 15.0 | 18.0 | 17.8 |
| C ancer Screening | | | |
| <i>Women</i> | | | |
| Never had a Mammogram | 20.5 | 17.9 | 13.4 |
| No Mammogram or Clinical Breast Exam in Last Year: | | | |
| 40-49 years of age | 51.2 | 52.3 | 49.4 |
| 50-64 years of age | 44.1 | 43.3 | 35.9 |
| 65 and older | 45.9 | 51.3 | 47.4 |
| Never had a Pap Test: | | | |
| 18-69 years of age | 9.4 | 4.5 | 5.1 |
| 70 and older | 6.8 | 8.6 | 6.4 |
| No Pap Test in Last Year (18-29) | 48.8 | 28.1 | 25.8 |
| No Pap Test in Last 3 Years (30-69) | 10.3 | 13.8 | 13.8 |
| <i>Men and Women 50 Years or Older</i> | | | |
| Blood Stool Test: | | | |
| Never had a Blood Stool Test | 49.3 | 51.4 | 57.0 |
| No Blood Stool Test in Last Year | 71.9 | 74.2 | 77.5 |
| Sigmoidoscopy/Colonoscopy | | | |
| Never had a Sigmoidoscopy or Colonoscopy | 51.8 | 53.4 | 49.2 |
| No Sigmoidoscopy or Colonoscopy in Past Five Years | 65.9 | 63.3 H | 57.0 |

*Prevalence rates are age adjusted to the 2000 U.S. standard population

■ indicates that the prevalence rate is not significantly above or below state prevalence

H indicates that the prevalence rate is significantly above the state prevalence

L indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older

** The best indicators for Newton county were obtained by combining data from Newton and Barton counties.